

## **Buses**

There is at least one bus per hour from the bus centre vicinity, calling directly at the hospital. If you require more information about bus times, telephone Stagecoach on 08706 082 608

If you are getting a lift from someone or using a taxi, you can be dropped off at the London Road entrance to the hospital. The physiotherapy department is situated on the ground floor of the new building and is well sign-posted.

## **Your first Physiotherapy appointment**

**Womens Health**

**Physiotherapy**

**Gloucestershire Royal Hospital**

GHPI0945\_12\_08

Author: Physiotherapy/Womens Health

Review due: December 2011

**On your first appointment,** the Physiotherapist will ask whether you have read and understood this leaflet and will ask for your consent to assess your particular health needs.

During your assessment you will be asked questions about your condition and how it affects your day-to-day activities.

You will also be asked about any medications you are taking. This is routine and will help the Physiotherapist.

At this appointment strategies to manage your symptoms will be discussed. This is likely to include a home programme of exercises.

Any examinations that may be necessary in the future will be discussed in detail at this first appointment.

You are welcome to bring someone with you to any appointments.

If there is any aspect of your condition that you are unsure about, please discuss this with your Physiotherapist. You have a right to decline any aspect of your treatment or examination at any time.

Research has shown that to gain the most from Physiotherapy, the more effort you put in, the quicker the results are achieved.

Please notify this department if you are unable to keep this or any future appointments, as this would enable us to offer this appointment to another patient.

If you have any special needs or access requirements, please contact us.

Anyone with an active powered implant e.g. pacemaker or cochlear implant should inform the physiotherapist immediately on their arrival.

If you have a mobile phone you are required to switch it off.

## **Location**

Physiotherapy Department  
Gloucestershire Royal Hospital  
Great Western Road  
Gloucester  
GL1 3NN  
Tel: 08454 228303

To find the department please enter through the main entrance of the new part of the hospital (access from Great Western Road main entrance).

Turn left, pass the WRVS shop on your right and follow the corridor to the end where physiotherapy reception is situated.

The physiotherapy department is situated on the ground floor of the new building and is well sign-posted.

If you have any special needs or access requirements please contact us.

Anyone with an active powered implant e.g. pacemaker or cochlear implant should inform the reception staff immediately on their arrival.

If you have a mobile phone you are required to switch it off.

## **Transport and Parking**

There is a car park in front of the Tower Block (Great Western Road main entrance).

## **Disabled Parking**

If you are an Orange Badge holder you will be able to access the department via the London Road entrance to the hospital as marked on your map (Access Claremont Road entrance). There are a couple of disabled parking spaces near the entrance.