

# **Continuous Ambulatory Peritoneal Dialysis (C.A.P.D.)**

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Your heater will hold 2 bags of fluid quite happily and it is good practice for you to replace the bag into the heater as part of your routine. The Gloucester Kidney Patient's Association can provide excellent support with your permission and they are terrific fund raisers for the cause. Our consultants like us to inform them of your existence and they will inform you of any forthcoming events, local support etc.

## **Renal Registry**

You have the right to opt out of the national Renal Registry. This is a database of information that is held within all Renal Units in the UK detailing patient information, the details of which are discussed between doctors to learn from. If you wish to have your name removed from this registry as a patient, please ask Karen Williams for a form.

## **Further information**

Please contact us here at the hospital if you need any support or information.

Continuous Ambulatory Peritoneal Dialysis (C.A.P.D.) Office Telephone/  
Fax/Answerphone: 08454 226890

The C.A.P.D Team at Gloucestershire Royal Hospital are made up of:

<b>Jackie Folley</b>	Ward Manager – 08454 226768
<b>Gail Cole</b>	C.A.P.D/APD SISTER - 08454 226761
<b>Teresa Patterson</b>	C.A.P.D/A.P.D Sister – 08454 226761
<b>Sue Starkey</b>	C.A.P.D/A.P.D Senior Staff Nurse – 08454 226761
<b>Jackie Rogers</b>	Anaemia Sister – 08454 226270
<b>Julie Bullingham</b>	Access Sister – 08454 226761
<b>Karen Williams</b>	Home Dialysis Co-Ordinator (C.A.P.D/A.P.D)/ Administrator – 08454 226890

Please double bag these yellow sacks with only your C.A.P.D./A.P.D. fluid bags inside and any soiled dressings.

Please fold any connections inside the bag and drain out as much fluid as possible. There is no need to overfill these bags. They are not in short supply.

The authority prefer it if you can leave these bags out for collection the previous night, as they might collect them very early.

A pre-arranged area for collection is acceptable, such as a shed, garage or out-building. Please ensure the bags are not prey to predators of the night.

Any sharps bins you may be in possession of may be returned to your local hospital for incineration when filled.

## Emergency services

Your telephone company runs an 'at risk' register. This is a register of eligible customers who can apply to have their line repaired as a priority, due to the fact that you carry out C.A.P.D./A.P.D. at home. You can contact them direct yourself by ringing 150 from your home telephone.

We will inform Severn Trent of the same details, as water is also an essential part of your care.

You may be able to receive a reduction in your council tax due to your condition. Please contact your local council for further details.

Please remember to have to hand an emergency lighting kit, to include a torch in case of dim or no light during an exchange.

## Charitable help

If you are in receipt of a bag warmer, courtesy of the G.K.P.A. it will require regular servicing, as indicated by the date on the side of the box. Please bring this box to clinic with you, prior to this date expiring and we will replace it with a newly serviced heater.

## Introduction

Together with your Consultant and the Nursing Team on Ward 7b, you have started your dialysis treatment in the form of C.A.P.D. (Continuous Ambulatory Peritoneal Dialysis) or A.P.D. (Automated Peritoneal Dialysis).

This leaflet will inform you of how your care will be managed, with regard to your stock, deliveries, waste disposal, holidays and general maintenance of your care. The ward based team are available to you 24 hours a day, should you need assistance. If in doubt about any aspect of your care, please call us.

## Training

You will have been trained in the use of C.A.P.D/A.P.D by one of the nurses. We are a small team and are always pleased to be able to answer any of your queries. Please do not hesitate to contact any of us on the numbers on the back of this leaflet. If you cannot speak to any of us straight away, please either leave a message on the answer phone, or ring the ward direct on 08454 226768.

## Your delivery

Your first delivery of dialysis fluid and ancillary items will be within the next two weeks and will be a 3 or 6 week order. It will include an overlap stock level of 5-7 days or 10-14 days, which should be your constant overstock level. Further deliveries will be on a 2 or 4 week basis.

Check your delivery note against all goods sent before signing for it and inform us of any discrepancies. We are here to help you if you are unsure. The driver will put your order wherever your preferred area is, and will also rotate the stock to ensure your bags never go out of date.

Your machine will probably be brought to your home by a nurse from the ward.

They are used to giving such a personal service and you should find them more than obliging. You will soon be on first name terms.

With any stock that may be going out of date, please inform the company when they telephone you, so they can replace it when your delivery is made.

The company will ring you 1 weeks prior to delivery to check your stock levels on that day. With this information they can assess your needs accurately and deliver the correct stock in 1 week.

You will, prior to this call, have received in the post a stock sheet with target levels included. The company will always endeavour to top your stock up to this target level, using the information you give during the telephone call. Baxter have a key 'holding' service which can offer you total freedom. This is a secure service whereby they have a copy key to your property - please ask your representative for details if you are interested.

If you feel you are under stocked or over stocked, please inform us so that any adjustment to your prescription can be made. A neighbour / shed / garage / key holder are all acceptable as a point of reference in making your delivery in the future, should you be unavailable.

## Running out of stock

Never allow yourself to run low of any stock. Transport may be a problem on the odd occasion for the company, so the overstock level you must have may well get used.

If you do experience an emergency, items that you run low of can be sent via a courier, but they can be costly so please try to keep those levels up.

If you are coming to clinic before your next delivery and we can help with a small amount of items, please telephone us and we will have these items to hand during the Monday clinic for you.

You can e-mail your stock list to the supplier should you wish. Please log on to [www.baxterrenal.com](http://www.baxterrenal.com)

## Going on holiday

For your annual holiday, supplies of your fluids can be made almost anywhere in the world.

If you are travelling within the U.K., any amount of breaks can be catered for, including any cruises you wish to embark on (a great excuse to take a cruise), as the fluids will be taken from a U.K. port.

Generally as a rule, notice for your annual holiday is as follows:

- U.K 4 weeks notice
- Europe 8 weeks notice
- International 12 weeks notice

Occasionally, out of season, earlier notification may be acceptable, by prior arrangement, subject to customs clearance.

You will need to supply us with the necessary details, being:

- Name, address, dates and destination.

Once these details have been submitted to the company by us, your fluids will be delivered to the specified destination 1 week prior to your arrival. Together we will ensure that these fluids have reached their destination and you will be left with only your ancillaries to carry, along with your machine, if you are on A.P.D.

If you are carrying a machine, you will be provided with a transformer about one week before travel, along with contact details of your nearest renal unit. You **must** use the transformer.

## Waste collection

Your yellow waste bags will be collected by the health authority on a weekly basis. They will inform you direct as to the day of the week when they will call on you.